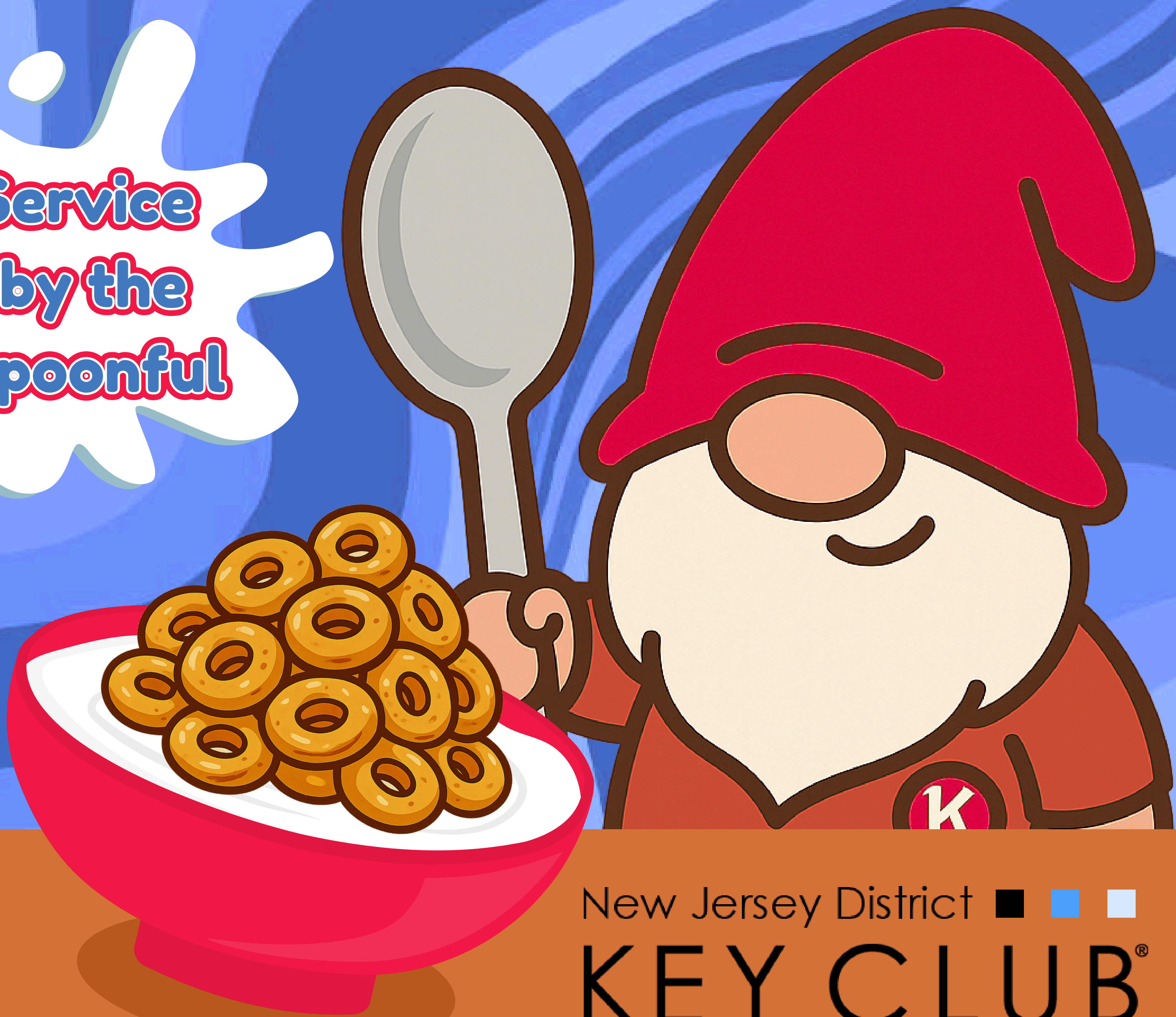


Division 11's

Gnome-os

Box 4: Motivation Munch

**Service
by the
Spoonful**



New Jersey District ■ ■ ■

KEY CLUB®



Division 11's

MIX-INS

**North
Hunterdon
High School**

**Voorhees
High School**

**Warren
County
Technical
School**

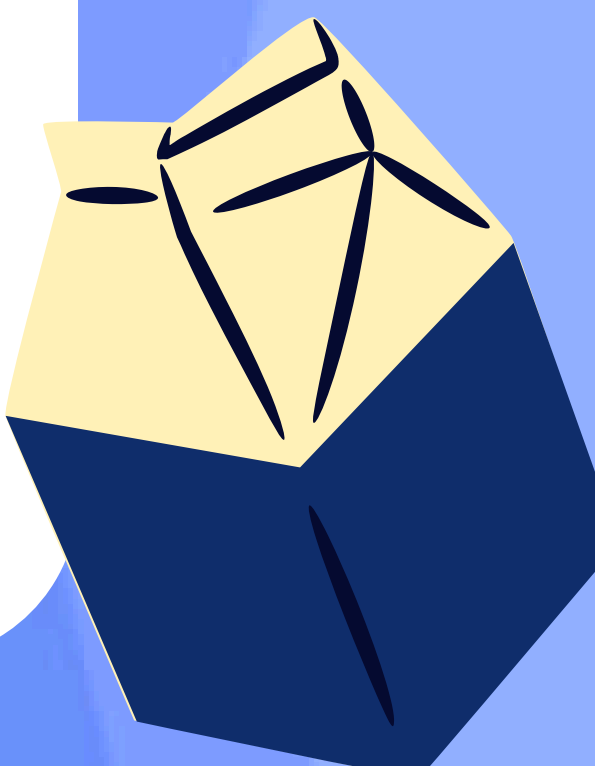
**South
Hunterdon
High School**

**Delaware
Valley High
School**

**Warren Hills
High School**

**Hunterdon
Central
Regional High
School**

**Phillipsburg
High School**



Nutrition Facts

Serving size

% Daily Value*

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* The % Daily Value (DV) tells you how much a nutrient contributes to a daily diet.

A SPOONFUL FROM me

Hey Division 11,

I just came back from ICON in Orlando, Florida and it has been an absolute blast! But it also reminds me that service doesn't have to be during the school year - you can get involved in your community even in the summer days.

When you're not in the pool or in vacation, I encourage you to participate in service events without the academic stress. You'd be surprised on the impact you can make in your community within these months!

WITH SPIRIT AND CEREAL CRUNCH,

Bea Ascalon

Gnomeo's SCOOP

What has she been up to?

- **Finals**
- **Spent Father's Day with family**
- **Finished school on the 24th**
- **ICON!!**
- **Internship at Engineering Firm**



ICON RECAP

Every year, Key Club hosts its International Convention as a global gathering for members to attend workshops, trade pins, take part in a service project, and elect the next international board. This year, we celebrated KCI's century of service in the sunny Orlando, Florida.

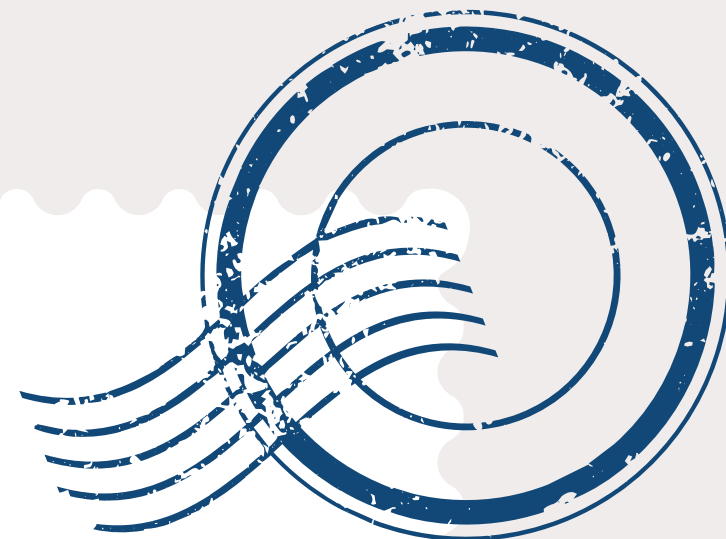


This is my second time attending ICON and it did not disappoint! I met so many new people, reconnected with friends from last year, and even had one last hurrah with colleagues from my previous board. Words cannot describe how much both conventions mean to me. I'm so grateful to the people who made these experiences so memorable. I highly recommend it to anyone who has the slightest interest in going .

Mark your calendars as next year will be in Dallas, Texas from July 1-5. Hope you join the fun!



Governor's Monthly Message



JULY 2025

Hi NJ Key Clubbers!

HAPPY SUMMER NJ KEY CLUBBERS!! I am so proud of everyone for getting through the year school year.

As we head into summer, I encourage you all to continue to serve your communities in any way that you can. Although it may be more difficult with your clubs not meeting, there are always ways that you can give back to those around you.

For graduated seniors, I wish you the absolute best luck as you enter this new chapter of your lives. I hope that the lessons, friendships, and memories you have made in key club will carry with you into whatever the future may have in store and I hope you never forget that all of us here in key club are cheering you on.

Lastly, huge congratulations to our very own Harshini Asokumar for winning international trustee at ICON this past weekend. This is an incredible accomplishment and we are so proud to have NJ represented again on the International Board another year.

Please feel free to reach out with any questions. I'm always here for you!

YOURS IN CARING AND SERVICE,

Abigail Lee

alee@njkeyclub.org



GOVERNOR'S COFFEE CLUB

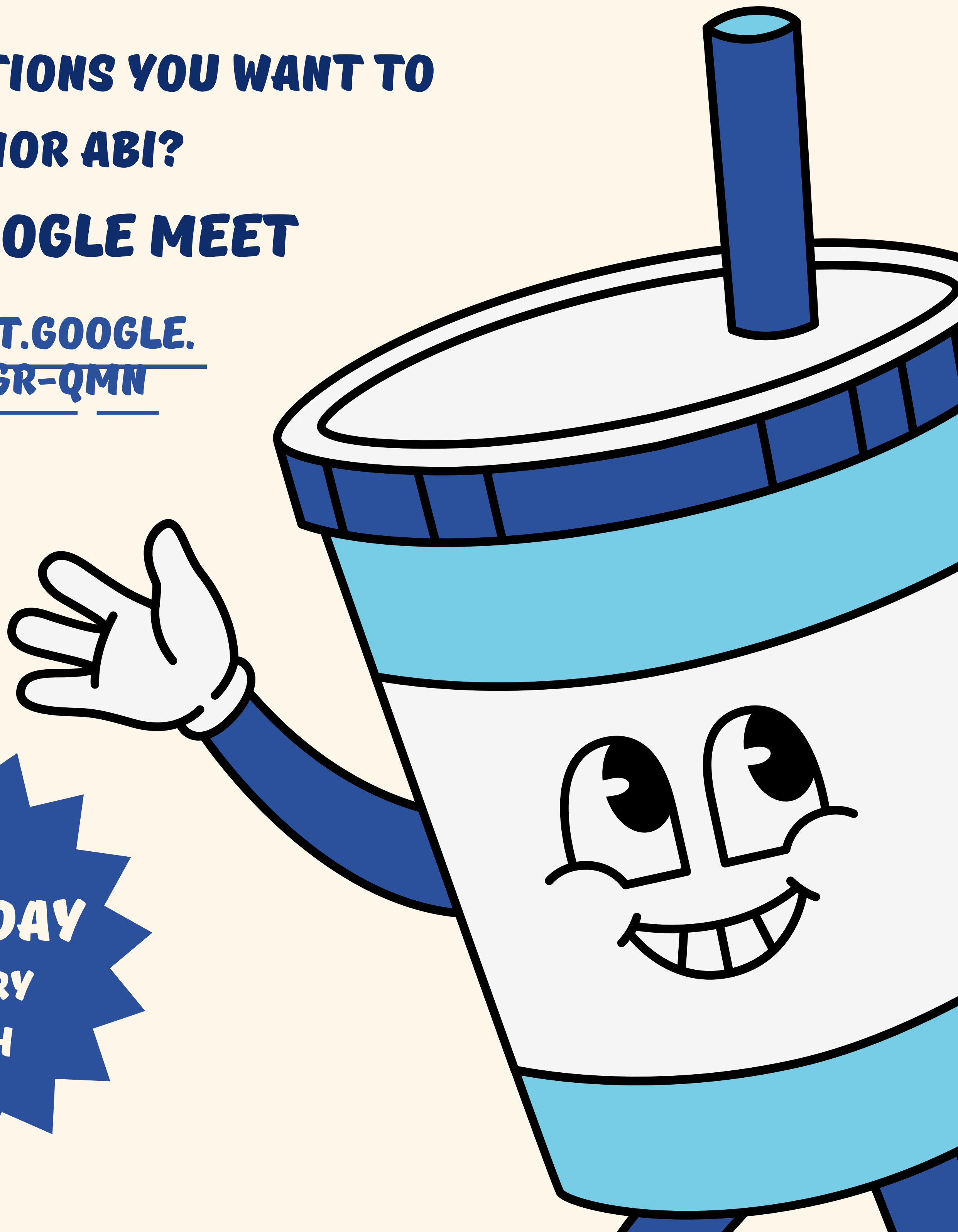


**HAVE QUESTIONS YOU WANT TO
ASK GOVERNOR ABI?**

10 AM - GOOGLE MEET

**[HTTPS://MEET.GOOGLE.
COM/SDX-GEGR-QMN](https://meet.google.com/sdx-gegr-qmn)**

**LAST
SATURDAY
OF EVERY
MONTH**





CLUB MONTHLY REPORT FORM

It is the duty of all **club secretaries** to fill out the club monthly report form each month. This allows the NJ District Board to keep track of club progress.

Click [here](#) to access the CMRF

DUE: TENTH OF EACH MONTH

Questions? Contact District Secretary – Ari Kestenbaum (akestenbaum@njkeyclub.org)

July Treasurer Tip

Mid-Summer Treasurer Reset



Declutter Your Digital Files

Clean up your Google Drive or club finance folder

Delete duplicates, organize last year's receipts and reports into folders

Rename files for easy access

Update Your Financial Tracker



Make sure spreadsheets are labeled/cleaned up

Add tabs for: Budget, Dues Tracker, Fundraiser, etc

Plug in tentative dates for dues collection & known club events



Reflect on What Worked

What fundraiser or system worked best last year?

What felt chaotic or rushed?

What do you wish you had prepared sooner?

Checklist

- ✓ Organize files
- ✓ Prep templates
- ✓ Clean up your tracker
- ✓ Write down goals for this year

Join the NJ Key Club Treasurer's Google Classroom!

CODE:

4pbye2rf

Monthly tips, dues reports from KCI & a place for
all club treasurers!



~~District~~ Webmaster

JULY 2025 WEBSITE SHOUT OUT



MIDDLESEX HIGH SCHOOL

statelinerkeyclub.wixsite.com/home

Congratulations to Middlesex High School for
the creation of their new Key Club website!

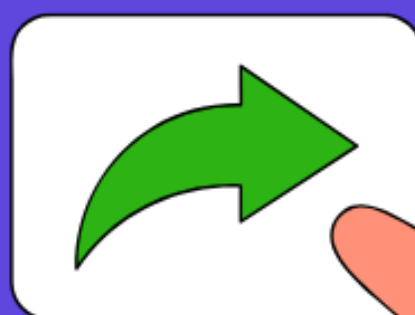
DISTRICT WEBMASTER
TANYA MELKOTE

tmelkote@njkeyclub.org

NEED A CLUB WEBSITE?

NO PROBLEM!

Scan the QR code and fill out the form to
receive help from the NJ District Webmaster
in creating a website!



[HTTPS://FORMS.GLE/
2VPPYXXW29PN7TA78](https://forms.gle/2VPPYXXW29PN7TA78)

Contact District Webmaster
Tanya Melkote
(tmelkote@njkeyclub.org)
with any questions.

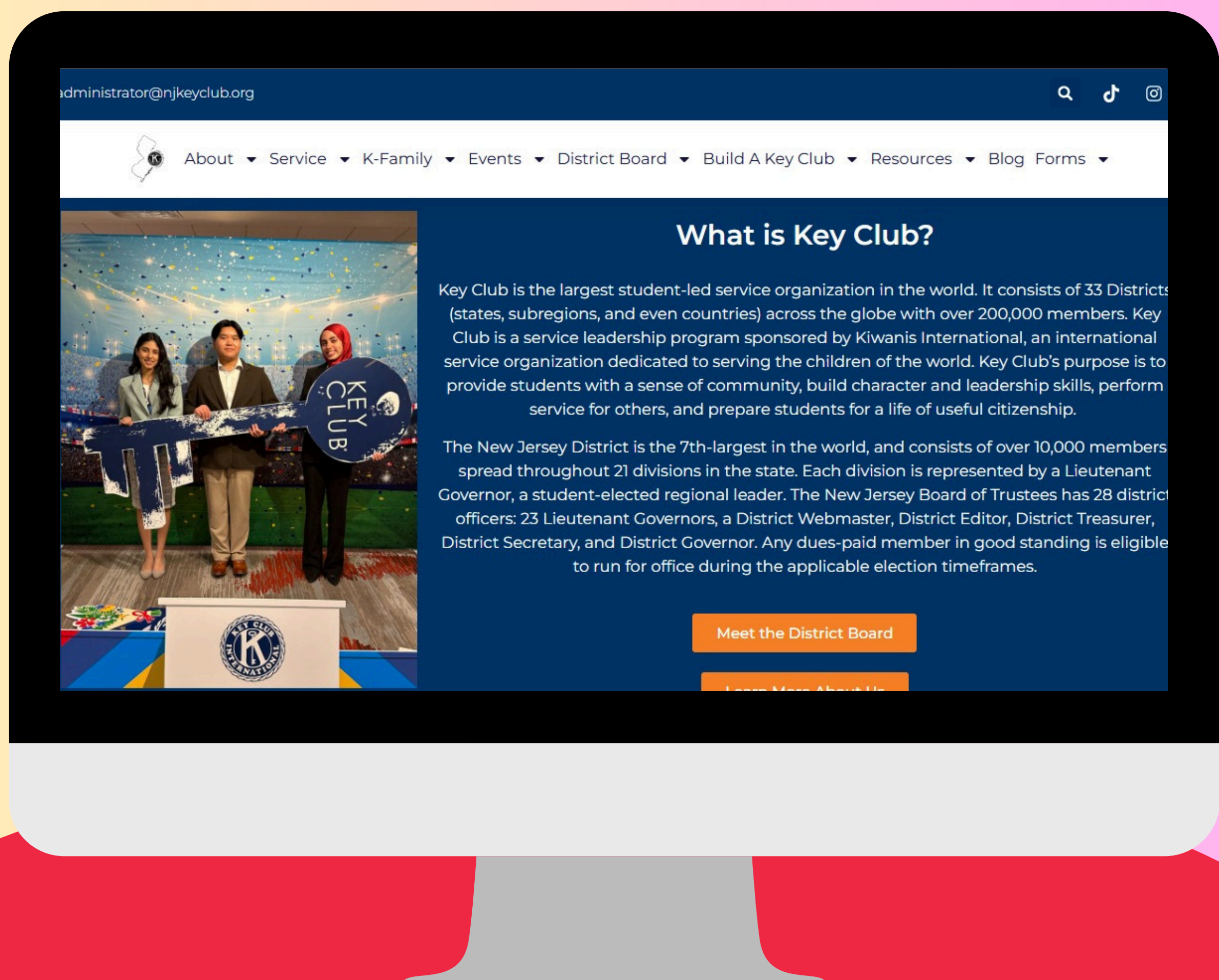
NOW UPDATED:

THE NJ KEY CLUB

WEBSITE

See the new committees and meet the new
2025-2026 Executive Officers and LTGs!

[NJKEYCLUB.ORG/DISTRICT-BOARD-MEMBERS/](https://njkeyclub.org/district-board-members/)





2025 K-FAMILY PICNIC



SAVE THE DATE!

SATURDAY, JULY 19TH

11 AM TO 3 PM

100 GREEN ISLAND ROAD, TOMS RIVER, NJ





NEW JERSEY KEY CLUB

SUMMER OF SERVICE

ARE YOU DEDICATING
YOUR SUMMER TO
SERVICE THIS YEAR? IF
SO, APPLY TO WIN A FREE
FALL RALLY TICKET!

APPLICATION FORM:



CHARTER CHAMPION APPLICATION

CHARTERCHAMPIONS WILL MENTOR NEW AND
REACTIVATING CLUBS THROUGH THE
CHARTERING PROCESS AND COLLABORATE WITH
THE DISTRICT BOARD WHILE MAKING A LASTING
IMPACT AND EXPANDING NEW JERSEY KEY
CLUB'S REACH.



APPLICATIONS ARE OPEN TO ALL
MEMBERS

[HTTPS://FORMS.GLE/PAL5HUY8ZHAQWGAD8](https://forms.gle/PAL5HUY8ZHAQWGAD8)
DUE AUGUST 4TH AT 11:59 PM

THIRST PROJECT

A KEY CLUB INTERNATIONAL PARTNER

THE WORLD'S LARGEST YOUTH WATER ORGANIZATION



OPEN A WORLD OF IMPACT AND HOPE WITH THE THIRST PROJECT!

Every day, millions of people around the world lack access to safe, clean drinking water, one of the basic human necessities. The Thirst Project is on a mission to change that by building freshwater wells in communities where clean water is scarce. By supporting this cause, you are helping prevent waterborne diseases, improving health, and empowering children, especially girls, to attend school instead of walking miles daily to fetch water. Together, we can end the global water crisis.

EXPLORE THE IMPACT

Since its founding, the Thirst Project has provided clean water to hundreds of thousands of people in countries like Eswatini, India, and Uganda. Each well built does more than deliver water as it transforms an entire community. Health improves, food production grows, and economic opportunities expand. Your involvement, whether through Key Club Walks, fundraising, or raising awareness, makes real, lasting change possible for families around the world.



INTEREST FOR THIRST PROJECT CHAMPION!

Want to make an even bigger impact? Apply to become our Thirst Project Champion and lead the charge for clean water in your school and community! Fill out the form using this [link](https://www.thirstproject.org) if you are interested.

WWW.THIRSTPROJECT.ORG

OCTOBER 12, 2025

FALL RALLY 2025

Join NJ Key Club at Six Flags Great Adventure
for the BIGGEST annual gathering of Key
Clubbers from around the state!



ROLLER COASTERS

SERVICE

SPIRIT CONTESTS

More details to come...

INCLUSIVE PRESENTATION

Best Practices

- ☐ Use font sizes 18-24 points or bigger on slides.
- ☐ Choose common, easy-to-read fonts such as Arial and Georgia.
- ☐ Keep text on slides to a minimum (6-8 lines per slide and no more than 30 words).
- ☐ Write in sentence fragments, using keywords and bulleted lists.
- ☐ Turn on auto captions in your presentation software, if available.
- ☐ Use nonsexist language and avoid gender-biased comments.
- ☐ Stay away from harsh colors and busy backgrounds.
- ☐ Stick with simple animations or don't use them at all. Remember - audience members with learning disabilities, such as dyslexia, will have trouble reading moving words.
- ☐ Be sensitive to your audience in your choice of language and use of acronyms, anecdotes and humor.

DEBRIEF

1. Gather feedback from your audience via survey, comment card or casual conversation.
2. Debrief with your planning team — what went well, what could be improved.
3. Keep notes for the next event.



INCLUSIVE SERVICE PROJECTS

Checklist

- ☐ Ensure diverse participation (age, gender, race, ability, etc.)
- ☐ Use Inclusive language in all materials and communications
- ☐ Provide accessible venues and transportation
- ☐ Include cultural sensitivity in planning and activities
- ☐ Involve community members in planning and decision-making
- ☐ Offer necessary resources and support for all participants
- ☐ Provide leadership opportunities for underrepresented groups
- ☐ Collect feedback on inclusivity and make improvements
- ☐ Ensure promotional materials reflect diversity
- ☐ Celebrate and recognize diverse contributions

**Together, we can build a stronger,
more inclusive Key Club experience
for all.**





Erika's Lighthouse[®]

Every student deserves good mental health

Erika's Lighthouse is a nonprofit on a mission to break down the stigma surrounding mental health and provide free depression education and suicide prevention programs to **any school, anywhere.**

Key Club's Positivity Pledge

May's positivity pledge allowed for everyone to commit to 31 days of self care and good action. Thank you so much for participating! If you wish to get further involved, please see the link below:

For More Information:

<https://erikaslighthouse.org/>



dpscommittee@njkeyclub.org

District Project

preferred service partners



Center for Family Services

Visions and Pathways

Family Promise of Morris County

Isaiah House

Ocean's Harbor House

Covenant House

Bergen Place Youth Homeless Shelter

Learn more at
[njkeyclub.org
/district-project/](https://njkeyclub.org/district-project/)



COMBATTING YOUTH HOMELESSNESS

The Problem

- 1 in 10 young people ages 18-25 experience a form of homelessness over a 12 month period and 1 in 30 young people ages 13-17 experience a form of homelessness over a 12 month period.
- There are 700,000 homeless adolescents in the United States.
- Youth who are on the street or not stably housed are at particular risk of domestic human trafficking.
- Homeless Youth in New Jersey represented 8.9% of the counted homeless population with 780 persons identified.
- Roughly 40% of the total youth homeless population is LGBTQ. Compared to 7% of the general American youth population, LGBTQ youth are over-represented in the homeless population. They are 120% more likely to experience homelessness than their non-LGBTQ peers.

Why it Matters

- Homeless youth are more vulnerable to exploitation, trafficking, violence, and substance abuse.
- Lack of stable housing disrupts education, employment, and mental health during critical developmental years.
- Youth homelessness often leads to chronic adult homelessness, poverty, and ongoing health issues.
- With early intervention and support, youth can transition into stable housing, education, and employment, which breaks the cycle of homelessness.

Scan to learn more!



KEY CLUB NEWSLETTER

KIWANIS FAMILY RELATIONS COMMITTEE

AKTION CLUB

For Adults with Disabilities:

Aktion Club empowers adults living with disabilities to develop leadership skills, serve their communities, and foster inclusion.

K-Fam

BUILDERS CLUB

Middle School Service Leadership

Builders Club engages middle school students in service projects, aimed at developing leadership and involvement

K-KIDS

Student-Led Service Clubs

K-Kids provides elementary school students opportunities to make friends, build skills, and contribute through service

CIRCLE K

Circle K College Service Organization

Circle K a college branch of Kiwanis, focuses on developing college students and initiatives

KIWANIS

Global Service Organization: Kiwanis is dedicated to serving children and communities worldwide through various service programs and initiatives.

HOW CAN I CONTACT MY LOCAL KIWANIS CLUBS?



01



Facebook!

You can go to the search bar and then type in Kiwanis Club and the town you live in! This will help find a club near you!

District Lieutenant Governor!

You can contact your district lieutenant governor by asking someone in your school from Key Club. You could also search online your district and lieutenant governor with it!

02



03



Website!

You can go online and go on the Kiwanis International Website and there will be a locator where you put your zip code or town and it will help find a Kiwanis Club near you!

GLOBAL LEADERSHIP CERTIFICATE

Unlock your potential with the Key Club International Global Leadership Certificate program. Gain valuable skills through nearly 40 courses on leadership, inclusion, civic engagement, and more — all at your own pace. Learn how to make your voice heard and drive change in your community.

Strengthen key soft skills like emotional intelligence and empathy, and build a foundation for a brighter future. Plus, access exclusive opportunities like the Global Leadership Master Class at the Key Club International Convention.

MAKE AN IMPACT. BECOME A LEADER.

[HTTPS://WWW.KEYCLUB.ORG/GLOBAL-LEADERSHIP-CERTIFICATE-PROGRAM/](https://www.keyclub.org/global-leadership-certificate-program/)



SAVE THE DATE CHARMS

K-Fam
Picnic

Fall
Rally

ICON

Fall
RTCs

DECON



WHAT'S IN THE BOWL?



Officer Training Conferences prepares club officers for their set responsibilities. Dates are to be determined..



5 District Conference Meetings will be held throughout the service year. Dates are to be determined..



Designed to foster collaboration, enhance leadership skills, and build a strong community.



Club visits help strengthen the connection between the division and individual clubs.

****All trainings, meetings, events, and visits require officer participation! ****

SPOONS OF SERVICE

Division 11 LTG

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bascalon@njkeyclub.org

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alee@njkeyclub.org

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District Administrator

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ctrecate@njkeclub.org